LUNCH MENU

MANGIA MANGIA

DAILY UNTIL 3 PM

STARTERS

bite-sized portions of our favorites

FRIED CALAMARI ♥ — 11
Crispy, golden fried, cocktail sauce

MOZZARELLA STICKS — 7
Seasoned Italian breadcrumbs, deep fried, marinara

GARLIC BREAD — 6
Toasted bread, garlic butter

VEAL STUFFED MUSHROOMS — 11
Ground veal, breadcrumbs, garlic

BRUSCHETTA — 10
Toasted Italian bread, garlic butter, diced tomatoes, basil
ADD FRESH MOZZARELLA +2

FRIED ZUCCHINI — 9
Thin-cut zucchini, golden fried, marinara

LUNCH PLATES

with a side and your choice of soup or salad — 16

CHICKEN BREAST, OR UPGRADE TO VEAL +1

MARSALA ♥
Lightly floured, sautéed in Marsala wine sauce, fresh mushrooms

PARMESAN ♥
Breaded, baked in homemade marinara, mozzarella cheese

FRANCESE
Light egg batter, sautéed in lemon butter & wine sauce

LIMONE
Lightly floured, sautéed in lemon butter & wine sauce

DORATO
Crisp breaded, rich wine sauce, oven-baked with mozzarella, mushrooms

FLORENTINE
Grilled, over sautéed spinach, garlic, fresh mushrooms
served without a side

VESUVIO
Grilled, garlic, oregano, white wine, olive oil, roasted potatoes
served without a side

EGGPLANT PARMESAN — 14
Breaded eggplant, baked in homemade marinara, mozzarella cheese

LUNCHTIME PASTA

any pasta, any sauce, with soup or salad

ANY PASTA 14

1 CHOOSE YOUR PASTA

Spaghetti
Mostaccioli
Angel Hair
Fettuccine
Rotini
Gnocchi
Rigatoni
Cheese Tortellini
Cheese Ravioli
Penne GF
Ravioli GF
Lasagna ♥ *meat or marinara*

2 CHOOSE YOUR SAUCE

MARINARA
Tomatoes, veggies, secret herbs

MEAT ♥
A Mangia Mangia family recipe

GARLIC & OIL
Garlic, fresh parsley, olive oil

TOMATO BASIL
Tomatoes, white wine, basil

PESTO
Basil, garlic, pine nuts

ALFREDO ♥ +2
Rich parmigiana cream sauce

VODKA +2
Tomato, vodka cream, parmesan

CARBONARA +2
Cream, prosciutto, black pepper

FLORENTINE ♥ +1
Garlic wine, spinach, mushrooms

3 ADD TOPPINGS

PEAS +2 · BROCCOLI +3 · ZUCCHINI +3 · BAKED CHEESE +3 · MUSHROOMS +3 · PROSCIUTTO +3
SPINACH +3 · SUN-DRIED TOMATOES +3 · MEATBALL +4 · CHICKEN +5 · SLICED SAUSAGE +7 · SHRIMP +9

SIDES

any side 7

ROASTED POTATOES · SAUTÉED SPINACH
GRILLED VEGETABLES

PASTA — 8
Spaghetti, mostaccioli, or angel hair with marinara, meat sauce, or garlic & oil

SOUPS

all homemade 6.50

MINESTRONE · PASTA FAGIOLI
BAKED FRENCH ONION · TORTELLINI
CREAM OF BROCCOLI · ITALIAN WEDDING

♥ *House favorite* *Spicy* *Vegetarian* · *Please inform your server of any food allergies. Many dishes can be made gluten-free or vegetarian.*

LUNCH MENU

MANGIA MANGIA

DAILY UNTIL 3 PM

SANDWICHES

with soup, salad, or fresh-cut fries

SERVED ON A BUN UNLESS NOTED

BRUSCHETTA CHICKEN 13
Grilled chicken breast, diced tomatoes, garlic, fresh pesto, mozzarella

BLACKENED CHICKEN 13
Cajun-spiced chicken breast, lettuce, tomato

ANGELO'S FILET MIGNON* 19
Butterflied 4 oz filet, sautéed spinach & garlic, roasted red peppers, provolone, on French bread

CHICKEN PESTO PANINI 13
Grilled chicken, mozzarella, pesto, pressed on Italian bread

CALIFORNIA CHICKEN 14
Grilled chicken breast, mozzarella, fresh guacamole, bacon

SALMON SANDWICH* 19
Fresh salmon, grilled or blackened, on French bread

GROUPER SANDWICH 19
Fresh grouper, grilled, blackened, or fried, on French bread

VEGGIE SANDWICH 14
Grilled portobello, sautéed spinach, garlic, roasted red peppers, provolone, on Italian bread

CHEESEBURGER 12
Cooked to temperature, cheddar, lettuce, tomato, onion
ADD BACON +2 · DOUBLE +3

MANGIA BURGER ♥ 14
Beef patty, grilled onions, roasted green peppers, melted mozzarella

½ SANDWICHES

on French bread, with soup, salad, or fries

ALL HALVES 12.50

CHICKEN PARMESAN ♥
Homemade breading, fried golden, marinara, baked mozzarella

MEATBALL
Large homemade meatball in marinara

EGGPLANT PARMESAN
Breaded, marinara, baked mozzarella

ITALIAN BEEF ♥
Freshly sliced Italian beef, served au jus

CHICKEN SALAD
Diced chicken, mayo, celery, onion, red wine vinegar, lettuce, tomato

PEPPER & EGG
Scrambled eggs, sweet green peppers

ADD-ONS · CHEESE +2 · HOT PEPPERS +1 · SWEET PEPPERS +2 · MUSHROOMS +2

SALADS

add soup +2

½ ITALIAN SALAD 13
Tomatoes, red onion, olives, provolone, salami, artichokes, roasted peppers, Italian dressing

½ GRILLED CHICKEN SALAD 13
Grilled chicken, iceberg & romaine, tomato, red onion, roasted peppers, olives, Italian dressing

½ SPECIAL SALAD 14
Sliced avocado, red onion, roasted peppers, olives, balsamic

CALAMARI SALAD 16
Fried, grilled, or cold over iceberg & romaine, roasted peppers, red onion, celery, olives

½ CHICKEN CAESAR SALAD 14
Grilled chicken, romaine, homemade croutons, parmesan, Caesar dressing

SOUP & SALAD COMBO 11
Side salad with your choice of soup

DRESSINGS Homemade Italian · Ranch · Creamy Garlic · Blue Cheese · French · Caesar · Balsamic

SEAFOOD

with soup or salad

SPAGHETTI & CLAMS 16
Littleneck clams or mussels, red or white sauce, oil, chili pepper, fresh parsley

FRIED COD 16
Crisp and crunchy, with our tartar sauce *includes a side*

SHRIMP & BROCCOLI 17
Seasoned sautéed shrimp, angel hair, garlic butter sauce

DRINKS

hot & cold

SOFT DRINKS 3.50
Coke, Diet Coke, Coke Zero, Sprite, Orange Fanta, Lemonade, Root Beer

ICED TEA 3.50
Fresh brewed, unsweetened
Arnold Palmer available

MILK 4
Regular or chocolate

SAN PELLEGRINO
8 oz 4.50 · *25 oz* 9

COFFEE 3
Italian roast
Regular or decaf

HOT TEA 3
Black tea
Regular or decaf

*These items are prepared to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.